



## **INSTITUTE FOR ONGOING CLERGY FORMATION**

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### **Counselor/Therapist Referral List**

This list is intended to identify individuals who would be helpful to clergy seeking confidential and anonymous help with personal matters, including but not limited to addiction, depression, alcoholism, and anxiety. They have been selected both for their professional capacities as well as their familiarity with working in an integrative manner with their clients' Christian faith. These individuals would also be a resource for parishioners you are counseling who have needs that go beyond pastoral and spiritual counsel. The list is not meant to be exclusive nor exhaustive. If you have suggestions or additions to this list, please contact the Institute for Ongoing Clergy Formation: (651) 962-5334.

#### **Jeff Berryhill, Ph.D., LP**

Arden Woods Psychological Services  
900 Long Lake Rd., #320  
New Brighton, MN 55112  
651-482-9361

[jeff@berryhillcounseling.org](mailto:jeff@berryhillcounseling.org)  
[ardenwoodspych.com](http://ardenwoodspych.com)

- Solution-focused, cognitive-behavioral counseling approaches
- Vocational ministry or missions and their family members counseling
- Integration of theology and psychology with a Christian perspective
- Depression, anxiety, ADHD and relationship problems
- APA-accredited doctorate in clinical psychology/master in theology (Fuller Theological Seminary)

#### **Chris Burke, Ph.D., LP**

Behavioral Health Services, Inc. (BHSI)  
3460 Washington Drive, Suite 200  
Eagan, MN 55122  
(513) 313-0901 cell  
(651) 769-6200 office

[Southpaw47@gmail.com](mailto:Southpaw47@gmail.com)  
[cburke@bhsimn.com](mailto:cburke@bhsimn.com)  
[bhsclinics.com](http://bhsclinics.com)

- Trauma, alcohol and drug related issues
- Military/family related issues
- Men's issues
- Anxiety and depression
- Spiritual issues and providing therapy that is respectful of traditional religious belief

**Anne Kunesh-Carney, MA, LMFT**  
Midwest Center for Personal & Family Development  
2550 University Avenue West, Suite 435-S  
St. Paul, MN 55114  
or  
234 Wentworth Avenue East  
West St. Paul, MN 55118  
(651) 647-1900  
[mentalhealthinc.com](http://mentalhealthinc.com)

- ADHD
- Autism Spectrum Disorder
- Addiction Recovery
- Parenting (especially special needs children)
- Premarital counseling

**Catholic Therapists.com**  
[catholictherapists.com](http://catholictherapists.com)

- Offers a referral base of qualified Catholic therapists.
- Therapy, emotional and spiritual life, relationships, marriage and family life.

Catholic Therapists is an on-line resource for information and search function for finding Catholic Therapists nationwide. There is a vetting process for the therapists that are registered on this site.

**Faithful and True**  
15798 Ventura Lane  
Eden Prairie, MN 55344  
(952) 746-3880  
[info@faithfulandtrue.com](mailto:info@faithfulandtrue.com)  
[faithfulandtrue.com](http://faithfulandtrue.com)

- Christian counseling for men struggling with sexual addiction/sexual purity issues.

**Therese McCann, MA, LP**  
Associated Clinic of Psychology  
4027 County Road 25  
Minneapolis, MN 55416  
(651) 222-5200  
[thereseannmccann@yahoo.com](mailto:thereseannmccann@yahoo.com)  
[acp-mn.com](http://acp-mn.com)

- Individual therapy
- Behavioral analysis
- Diagnostic assessment
- Family consultation
- Education

**Dr. Daniel McClure, Psy.D.**

Novare Counseling Center  
557 W. 7<sup>th</sup> Street  
St. Paul, MN 55102  
(612) 424-9983 Ext. 4  
[drmccclure@novarecounseling.com](mailto:drmccclure@novarecounseling.com)  
[Novare Counseling Center](#)

- Healing underlying causes of anxiety, depression and scrupulosity
- Healing maladaptive relational patterns
- Sexual integration
- Healing from psychological trauma
- Couples therapy

**Jamie McDonell, LP**

241 Cleveland Avenue S.  
St. Paul, MN 55105  
(651) 699-7051  
[jymcdonell@yahoo.com](mailto:jymcdonell@yahoo.com)

- 22 years as a licensed psychologist
- Has worked with a number of religious/priests
- Overwhelmed, Exhausted, Lonely, Depression, Grief, Anxiety and Trauma
- Integrates faith or helps those struggling with faith

**Catherine Mollner, MA, LP, SEP & Clinical Director**

Mollner Mental Health  
370 Selby Avenue, #319  
St. Paul, MN 55102  
(651) 286-8507  
[Catherine@MollnerMentalHealth.com](mailto:Catherine@MollnerMentalHealth.com)  
[www.mollnermentalhealth.com](http://www.mollnermentalhealth.com)

- Extensive training in Healing from developmental relational trauma.
- Adolescents and adults - works to achieve greater psychological balance and emotional health
- Relationship issues
- Facilitator of *The Healing Journey* program-Intense workshop

**Joe Pribyl, MA, LMFT**

Arden Woods Psychological Services  
900 Long Lake Road, #320  
New Brighton, MN 55112  
(651) 398-5847  
[jpribyl@qvtherapy.com](mailto:jpribyl@qvtherapy.com)  
[qvtherapy.com](http://qvtherapy.com)

- Psychotherapy for individuals, couples and families
- Depression, anxiety grief, transition, Relationship/Family issues, more

- Pre-Marriage counseling and Marriage Enrichment

**Paul Ruff, MA, LP**

Assistant Director of Human Formation

The Saint Paul Seminary

2260 Summit Avenue

St. Paul, MN 55105

(651) 690-1414

[ruff0016@stthomas.edu](mailto:ruff0016@stthomas.edu)

[semssp.org](http://semssp.org)

- Open on an as-available basis to see priests and permanent deacons for brief counseling.
- Integrates faith as a guide for growth.
- Situational adjustment, conflict management, depression, anxiety, relationship issues and trauma.
- Experiential, emotion and attachment-based stance to assist in deep and integrated changes.

**Steve Ruff, MA, LMFT**

6607 18th Ave. S.

Richfield, MN 55423

(612) 798-7373 x33

[steveruff529@aol.com](mailto:steveruff529@aol.com)

[psychologytoday.com](http://psychologytoday.com)

- Psychologist for over 23 years.
- Works children, adolescents and adults.
- Depression, grief, anxiety, ADHD, life transitions, parenting, trauma, autism and relationship difficulties
- Incorporates faith into therapy as desired by clients.
- Has specialized training in treating OCD, and in providing play therapy to children.

**Steven Sawyer, MSSW, LICSW**

Sawyer Solutions, LLC

4505 Parkway Court, Suite 2200

White Bear Lake, MN 55110

(612) 590-3190

[ssawyer@sawyersolutions.org](mailto:ssawyer@sawyersolutions.org)

[sawyersolutions.org](http://sawyersolutions.org)

- Annual review/risk assessments for St. John's Abbey and has experience working with Christian Brothers order and diocesan priests.
- Full psycho-sexual evaluation and contracts out for Polygraph.
- Sexual history polygraph.
- Risk assessment tools based on actuarial-ABLE Screen self-report tool.
- Founding board member and past executive director of Project Pathfinder, Inc. (Agency specializing in the treatment of children, adolescents and adults with sexual behavior problems).

**Dan Stokman, MA, LPCC**

Novare Counseling Center

557 W. 7<sup>th</sup> Street

St. Paul, MN 55102

(612) 424-9983 X3

[dan@novarecounseling.com](mailto:dan@novarecounseling.com)

[Novare Counseling Center](#)

- Marital therapy
- Pornography addiction/sexual integrity issues
- Anxiety disorders including OCD
- Trauma, depression, healing shame
- Life Coaching and Pastoral leadership effectiveness

**Jake Voelker, MA, LMFT**

Parkdale Therapy Group

1660 South Highway 100, Suite 330

St. Louis Park, MN 55416

(952) 224-0399

[j@jakevoelker.com](mailto:j@jakevoelker.com)

[www.jakevoelker.com](http://www.jakevoelker.com)

[www.parkdaletherapy.org](http://www.parkdaletherapy.org)

- Depression and anxiety
- Trauma (big and small traumas, utilizing EMDR)
- Confidence, negative beliefs/self-talk, shame
- Online addictions (i.e. porn, internet, video games)

**Terry Zuehlke, Ph.D., LP**

7575 Golden Valley Road, Suite 230

Golden Valley, MN 55427

Or

3145 Wellner Dr. NE

Rochester, MN 55906

(763) 525-8590

[janan@pathwayspsych.com](mailto:janan@pathwayspsych.com)

[pathwayspsych.com](http://pathwayspsych.com)

- 40+ years of experience as a Christian psychotherapist, focusing on adolescent, adult and couple's issues
- Anxiety, depression, OCD, internet pornography, marital infidelity and spiritual conflicts
- Men's Relationship Therapy
- Psychological testing
- Sexual misconduct